

## Client testimonials

“I am writing to thank Alliance Hospice for your faithful and caring support of both Chris and the family during his illness. Without the regular volunteers who supported us, I am quite sure I would not have been able to keep Chris at home. I am very grateful to all of you.”

“We would like to express our sincere appreciation for all the assistance, support, and advice provided by the hospice workers. We have had a very positive and rewarding experience with the Hospice and see it as a very beneficial and much needed service in the community.”

“I recommend the bereavement group as it’s a positive experience if you participate at any level. You gain by listening and by sharing. It allows you to see others’ perspectives and the grief being dealt with. It’s a different perspective than talking with people who knew your loved one.”

## Volunteer Testimonial

“I have experienced sadness and I have experienced joy and laughter. I feel very blessed that with each hospice client I have found much common ground. It is as if each oyster has supplied a pearl. There is something so beautiful to be able to hear someone’s life story and their perspective and to truly experience their humanity.”

## Alliance Hospice is a member of:

- The Hospice Association of Ontario
- The Canadian Hospice Palliative Care Association
- The Toronto Central Palliative Care Network
- The Central Palliative Care Network
- The Volunteer Centre of Toronto
- The Toronto Chinese Cancer and Palliative Care Support Network
- The Central Community Support Services Network
- Toronto Association of Volunteer Administrators

Alliance Hospice is funded in part by the Central Local Health Integration Network



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## Day Hospice Program

## Our mission

Alliance Hospice is dedicated to supporting people dealing with advanced illness, death, and bereavement. In the client's home and community, our volunteers and staff provide practical, emotional, and spiritual support in collaboration with family caregivers, health care providers, and community support agencies.

## Hospice palliative care

Hospice care deals with physical, emotional, social, and spiritual needs in a way that is sensitive to personal, cultural, and religious values, beliefs, and practices. Hospice care is provided in a person's home, not as an alternative, but as a complement to professional medical care.

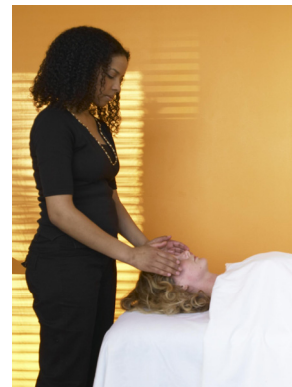


## Where we serve

We serve Toronto from Steeles Avenue to the Toronto Islands between Victoria Park and the Humber River (The old City of Toronto, North York, and East York).

## What the day hospice program offers

- Hot lunch in dining room with therapeutic meals available
- Peer support, group discussions, and guest speakers negotiated with participants
- Complementary therapies, including massage, reiki, therapeutic touch, and reflexology
- Mindfulness training
- Expressive arts exploration (includes journaling, clay work, scrapbooking, painting, music, etc.)
- One-on-one support with a volunteer
- Rest area in which to relax
- Various entertainment and activities



## Admission Criteria

The Adult Day program is open to people who are palliative. Participants must be independent in functions of daily living and be able to take their own medications.

## Transportation

Participants are responsible for their own transportation. Inquiries regarding available transportation may be directed to Toronto Ride at 416-481-5250.

## Program Dates and Location

The second and fourth Wednesday of each month from 10:00 a.m. to 2:00 p.m.

875 Don Mills Road, Unit 7 (Better Living Health and Community Services) **Enter off Gervais Dr.**

\$7.00 per day to cover a hot lunch

## How to refer clients to day hospice

A referral for hospice care may be made by anyone—including the client.

Referrals are accepted by fax to 416-385-8887, or by telephone to 416-385-8885 ext. 1. A brief assessment with the client will be conducted by telephone.

Direct Inquiries to Sheila Berry, Case Manager  
416-385-8885 x 22 or [sberry@alliancehospice.ca](mailto:sberry@alliancehospice.ca)